



**SWARTLANDSKOU**  
**• MOORREESBURG •**  
 11-14 September 2019



**Send complete form to [fietie75@polka.co.za](mailto:fietie75@polka.co.za)**

Select:  60km R280  40km R240  10km FREE **PAYMENT DETAILS: (Use MTB+your name as ref)**  Male  Female  
**Swartlandskou | ABSA Branch 632005 | Acc 1060820097**

Name & Surname: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

RSA ID number: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

Email: \_\_\_\_\_

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Participants undertake to participate entirely at their own risk and agree that they shall have no claim whatsoever against the organising body, and individual organiser or official, marshal, assistant, helper or agent, the sponsors or any local authority or their employees, in respect of any loss or damage whatsoever which a participant may suffer, arising from any injury to person or loss or damage to property as a result of, or arising out of, whatever directly or indirectly, participation in any event, including that persons arrival thereat and departure there from and attendance at any ceremony or function thereof, howsoever such loss or damage may arise and regardless of whatever or not shame shall have been caused directly or indirectly, by negligence, all be it gross, of one or more or all of the aforementioned parties. Participants who are minors must have their application to enter the event countersigned by their parents or guardian who, by that persons signature thereto likewise indemnities all of the aforementioned parties to the extent, if any, to which such minor is not capable of waiving his/her rights as stipulated above by reason of minority.

I hereby confirm that I have read the waiver and agree to abide by all rules. I confirm that I am over 18 years old unless this form is countersigned by my parent/guardian.:

Signature:

Date: